

## CAMPUS RESOURCES

### DEPENDENT BENEFIT PROGRAM (C-Card)

541-346-0632, Associated Students of the University of Oregon (ASUO) or visit [asu.uoregon.edu](http://asu.uoregon.edu).

### CENTER FOR HEALTHY RELATIONSHIPS

541-346-0923, HEDCO Education Building, Ste. 170 [hedcoclinic.uoregon.edu](http://hedcoclinic.uoregon.edu)

### CHILD AND FAMILY CENTER

541-346-4805, 1600 Millrace Drive, Ste. 106 [cfc.uoregon.edu](http://cfc.uoregon.edu)

### COUNSELING CENTER

541-346-3227, University Health Center, 2nd Floor [counseling.uoregon.edu](http://counseling.uoregon.edu)

### DUCK NEST WELLNESS CENTER

541-346-0570, Erb Memorial Union, Room 041 [health.uoregon.edu/ducknest](http://health.uoregon.edu/ducknest)

### FOOD SECURITY

541-346-3216, Office of the Dean of Students [dos.uoregon.edu/food](http://dos.uoregon.edu/food)

### YOUTH & FAMILY RECREATION

541-346-1057, Student Recreation Center [rec.uoregon.edu/families](http://rec.uoregon.edu/families)

### HOUSING

541-346-5263, Family Housing and University Apartments, [apartments.uoregon.edu](http://apartments.uoregon.edu)

### NON-TRADITIONAL STUDENT UNION

541-346-4305, 2nd Level EMU, room 212 [dos.uoregon.edu/nontrad](http://dos.uoregon.edu/nontrad)

### NONTRADITIONAL STUDENT PROGRAM

The Nontraditional Student Program offers programming to connect students to resources and to their community. 541-346-1160 [dos.uoregon.edu/nontrad](http://dos.uoregon.edu/nontrad)

### STUDENT VETERAN CENTER

541-346-3406 [dos.uoregon.edu/student-veteran-center](http://dos.uoregon.edu/student-veteran-center)

### THE PSYCHOLOGY CLINIC

Evidence-based psychological assessments and treatment for residents in the community. [psychology.uoregon.edu/psychology-clinic/](http://psychology.uoregon.edu/psychology-clinic/)

### TEAM DUCKLING

Faculty and students study how children learn and grow. Learn more about this group and sign up for studies at [teamduckling.uoregon.edu](http://teamduckling.uoregon.edu).

### TUTORING & ACADEMIC ENGAGEMENT CENTER

541-346-3226, 4th Floor Knight Library [engage.uoregon.edu](http://engage.uoregon.edu)

### UO CAMPUS SHUTTLE

Find the stop closest to you at: [map.uoregon.edu/campus-shuttle](http://map.uoregon.edu/campus-shuttle)

### UO WOMEN'S CENTER

541-346-4095, Ground Level EMU, Room 012 [dos.uoregon.edu/women](http://dos.uoregon.edu/women)

## HUMAN RESOURCES

Human Resources is dedicated to helping individuals and departments effectively manage personal, family, and community life with work and educational responsibilities. For information on any of the programs below contact us at 677 East 12th Street, Ste. 400, 541-346-2195, or visit our website: [hr.uoregon.edu/worklife](http://hr.uoregon.edu/worklife)

### CHILD CARE & FAMILY RESOURCES

Information about campus and community programs and services.

### CONNECTING FAMILIES AT THE UO

A subscription-based e-mail listserv for the UO community providing information about family-related campus and community events and programs.

### ELDER CARE

Resources and information from community agencies for families caring for individuals in their home, in the area, or in another state.

### EMPLOYEE ASSISTANCE PROGRAM

UO contracts with Cascade Centers, Inc. to provide a comprehensive employee assistance program for eligible employees at no cost. Visit [cascadecenters.com](http://cascadecenters.com)

### LACTATION SUPPORT

Resources for nursing mothers returning to work or school.

### NAVIGATING WORK AND LIFE

Resources that may help you balance your work and personal life.

### POLICIES AND BENEFITS

Information about UO policies and benefits that support individuals and their families.

### SCHOOL DISTRICTS & SUMMER CAMPS

Information on local school districts and summer camps.

### WELLNESS PROGRAMS AND SEMINARS

The university offers a number of health and wellness programs. Visit the HR website for more information.



# CHILD CARE AND FAMILY SUPPORT PROGRAMS AND SERVICES



## Human Resources

## CHILD CARE ON CAMPUS

Each program listed below provides a unique environment of high-quality early childhood education and care that exceeds state certification standards. Call the programs directly for information about openings and schedules.

### VIVIAN OLUM CHILD DEVELOPMENT CENTER

The Vivian Olum Child Development Center offers priority to employee families. The center has seven classrooms and serves up to 110 children eight weeks old through fifth grade.

1650 Columbia St., 541-346-6586, olum.uoregon.edu

### MOSS STREET CHILDREN'S CENTER

Moss Street Children's Center, a program of the Erb Memorial Student Union, offers university student families priority and a tuition discount. The center serves children three months through third grade.

1685 Moss St., 541-346-4384, moss.uoregon.edu

### CO-OP FAMILY CENTER

The Co-op Family Center is an independent, nonprofit co-operative subsidized by student incidental fees and located in UO Spencer View Family Housing. Student families receive priority and a tuition discount. The center serves children six weeks to twelve years.

2250 Patterson St., 541-346-7400, coopfamilycenter.org

## LACTATION & FAMILY SUPPORT SERVICES

### LACTATION ROOMS

UO parents have several dedicated campus spaces available to facilitate their return to work or school by providing lactation support and a family-friendly environment that can accommodate very young children. Each room provides a private space for mothers to nurse and/or express milk. Interested parents should call Human Resources at 541-346-2195.

- Allan Price Science Commons & Rsch Library, Grd Flr
- Knight Law Center, Rm 231B
- Lewis Integrative Science Building, Rm 311
- McKenzie Hall, Rm 364
- Oregon Hall, Rm 391
- Physical Education & Rec Center, Grd Flr
- Prince Lucien Campbell Hall, Rm 30
- Tykeson Hall, Rm 320
- Women's Center, Grd Flr EMU 012

### WOMEN'S CENTER

The Women's Center welcomes parents of all genders and will accommodate nursing mothers on a drop-in basis who need a private space to nurse or express milk. Call 541-346-4095 for more information.

### PERSONAL REFRIGERATOR LENDING PROGRAM

This program provides nursing mothers with small, apartment-sized refrigerators for their campus offices and workspaces in which to store expressed milk. The loan period is based is typically one year. To reserve, call Human Resources at 541-346-2195.

## FINANCIAL ASSISTANCE FOR CHILD CARE

### EARNED INCOME TAX CREDIT

Working students and UO faculty and staff who have at least one child living with them may be eligible for a tax credit that is based on a percentage of earned income. For more information, call the Payroll Office at 541-346-1126.

### OREGON DEPARTMENT OF HUMAN SERVICES CHILD CARE SUBSIDY

Working families whose income is below 185% of the Federal Poverty Level may be eligible for financial help with child care costs. For more information about the Employment Related Day Care (ERDC) visit [oregon.gov/DHS/children/childcare/](http://oregon.gov/DHS/children/childcare/)

## FOR FACULTY AND STAFF:

### EMPLOYEE DEPENDENT CHILD CARE ACCOUNT

UO employee parents have an opportunity to pay for dependent care with pretax income. For more information, call the Human Resources Benefits Office at 541-346-3085.

## FOR STUDENTS:

### ASUO CHILD CARE SUBSIDY

Funded by student incidental fees, this subsidy provides reimbursement for a portion of child care costs to eligible university students. For more information and applications, call 541-346-0632 or visit [asuo.uoregon.edu](http://asuo.uoregon.edu).

### GRADUATE ASSISTANCE FUND

This program assists graduate students facing financial hardship relating to the care of a new child or medical issue. For more information view their website: [gradschool.uoregon.edu/current-students/assistance-fund](http://gradschool.uoregon.edu/current-students/assistance-fund)

### OREGON STUDENT CHILD CARE GRANT

The program was established to assist parents enrolled in post-secondary education obtain safe, dependable care that supports their children's development. Students must meet low-income guidelines and based on their income, the program will pay a portion of child care costs. For more info visit [oregon-studentaid.gov/child-care-grant.aspx](http://oregon-studentaid.gov/child-care-grant.aspx)

### FORD OPPORTUNITY PROGRAM

Funded by a private foundation, this scholarship for single-parent students provides extensive financial assistance, including subsidies for child care costs. For more information access their website: [tfff.org](http://tfff.org), or contact Student Financial Aid and Scholarships at 541-346-3221.

### GRADUATE FAMILIES GE

Are you a grad student with a family who has questions or needs support? Email the Graduate Families GE at [familyge@uoregon.edu](mailto:familyge@uoregon.edu) and join the Graduate Families listserv for resources, funding, and more at [gradstudentfamilies-join@lists.uoregon.edu](mailto:gradstudentfamilies-join@lists.uoregon.edu).

### COORDINATOR-NONTRADITIONAL STUDENT PROGRAMS

Nontraditional students seeking support are encouraged to email [nontrad@uoregon.edu](mailto:nontrad@uoregon.edu) to join the nontrad email list and receive information on nontrad scholarships and announcements. For more information visit [nontrad.uoregon.edu](http://nontrad.uoregon.edu)