

FINANCIAL TROUBLES

MARITAL ISSUES

SUBSTANCE ABUSE

DEPRESSION

FAMILY CONCERNS

STRESS

ANXIETY

CAREER



Your Success is...
Our Compass

The Employee Assistance Program (EAP) is a FREE and CONFIDENTIAL service that can help you and your family resolve personal problems that are starting to affect your work or personal life.

Call today for free, confidential service.

The Employee Assistance Program (EAP) is a FREE and CONFIDENTIAL counseling service for you and your benefit eligible family members.

Examples of how Cascade EAP can help include:

- *Personal & Emotional Concerns*
- *Alcohol & Substance Abuse*
- *Marital & Family Issues*
- *Problems at Work*



**CASCADE CENTERS
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Toll Free 800-433-2320
Text: 503-980-1777

Accessing your EAP is easy:

- Call: 1-800-433-2320
- Email: info@cascadecenter.com
- Visit: www.cascadecenters.com



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