

# University of Oregon

## Employee Assistance Program (EAP)

### *Summary of Services:*

- Intake / Assessment
  - Up to five (5) sessions per incident, per year
- E-Support
- Crisis Counseling
- Work / Family / Life
- Identity Theft Services
- Legal Consultations / Mediation
- Financial Coaching
- Tax Assistance
- Home Ownership Program
- Cascade Personal Advantage

# Thank You for Attending!

If you have any questions or would like additional information regarding services through your Employee Assistance Program please contact us at:

**Phone: 800.433.2320**

**Text: 503.980.1777**

[www.cascadecenters.com](http://www.cascadecenters.com)



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