

Contact Phone List

Benefits Office, University of Oregon	541-346-3085
Employee Assistance Program (EAP)	800-433-2320
Fidelity	800-343-0860
Healthcare.gov	855-268-3767
MEDICARE	800-MEDICARE 800-633-4227
PEBB Retiree Health Insurance-BenefitHelp Solutions	503-412-4241 855-289-6314
Public Employees Health Insurance	503-224-7377 800-768-7377
Public Employees Retirement System (PERS)	888-320-7377
SHIBA –State Wide Health Insurance Benefits Advisors	800-722-4134
Social Security	800-772-1213
TIAA-CREF	800-842-2252
Unum Provident Long-Term Care	800-227-4165
Valic	800-448-2542